

## IBTA MEMBERSHIP APPLICATION FORM

**Breathwork School/Training Program..... Trainer.....**  
**Individual Practitioner..... Student/IBTA Supporter.....**

**Category 1:.....Supports IBTA principles and ethics**

**Category 2:.....Conforms to Category 2 training standards**

**Category 3:.....School/Training Program with reciprocity agreements**

Name:..... Date:.....

Address:.....

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City:.....State/Province:.....

Country:.....Phone:.....

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Fax.....E-mail:.....

Website:.....

Fee enclosed: \$200 USD - Breathwork Training Program..... \$150 USD -

Trainer.....

\$100 USD - Individual Practitioner.....\$75 USD - Student/IBTA Supporter.....

Payment by US Check or International Money Order..... (Payable to: I BTA)

Payment by PayPal ( www.paypal.com ): Use cgawlik@wi.rr.com

Application fee will be refunded minus administrative costs if membership requirements are not met.

**Breathwork School/Training Program: (Documentation Form and  
Breathwork School/Training Program Agreement attacheed - from IBTA)....**

**Practitioners/Trainers-Trainings Completed: (Attach extra pages)....**

Years of training..... IBTA approved training: Yes.... No.... (Equivalency met)

Name of training(s)\_\_\_\_\_

Location\_\_\_\_\_

Trainer(s)\_\_\_\_\_

Dates\_\_\_\_\_ Hours\_\_\_\_\_

Attached copy of completion certificate from your training and Equivalency Form  
if not IBTA approved\_\_\_ To be sent\_\_\_(e-mail verification acceptable)

Ethical Standards Agreement Form attached\_\_\_ To be sent\_\_\_

I affirm that the above information is accurate and that I commit to continued  
practice as a breathworker according to IBTA standards.

Signature\_\_\_\_\_ Date\_\_\_\_\_

## **IBTA Ethical Standards Agreement**

Given that an ethical code is essentially an agreement in good faith between a professional and the public she/he serves, I, (print name) \_\_\_\_\_, as a professional breathworker do endorse the following standards and pledge to practice in adherence to them. At any time I am not in compliance with them I agree to voluntarily withdraw from professional practice and to return and rescind my membership in the International Breathwork Training Alliance.

Breathwork schools, trainers, practitioners and trainees in the International Breathwork Training Alliance agree to observe the following code of ethics: I agree to:

### **1. Client Suitability.**

- a) Establish a client's ability to utilize and healthfully integrate breathwork, as far as is possible.
- b) Not discriminate on the basis of race, ethnicity, gender, religion, sexual orientation, age or appearance.

### **2. Contract with Clients.**

- a) Establish clear contracts with clients regarding the number and duration of sessions and financial terms.
- b) Establish clear boundaries and discuss the possible employment of touch.
- c) Practice my breathwork skills primarily for the benefit of the client, rather than solely for financial gain.
- d) Maintain confidentiality of client information and security of records of client session content.

### **3. Practitioner Competence**

- a) Practice within my area of professional competence, training and expertise, make this clear to my prospective clients, and not make claims for my service that cannot be substantiated.
- b) Continue to develop personally, practicing the technique that I offer to others while nourishing passion and reverence for my calling, and keeping a healthy balance in my work and self care.
- c) Seek supervision and consultation when appropriate.

### **4. Practitioner/Client Relationship**

- a) Establish and maintain healthy, appropriate and professional boundaries, respecting the rights and dignity of those I serve.
- b) Refrain from using my influence to exploit or inappropriately exercise power over my clients.
- c) Refrain from using my breathwork practice to promote my personal religious beliefs.
- d) Refrain from all forms of sexual behavior or harassment with clients even when client initiates or invites such behavior.
- e) Provide clients with information about community networking, educational resources and holistic lifestyle with their consent and within my scope of knowledge.
- f) Refer clients to appropriate resources when they present issues beyond my scope of training.

### **5. Practitioner Interrelationships**

- a) Maintain and nurture healthy relationships to other breathworkers.
- b) Give constructive feedback to other Alliance practitioners who I believe have failed to follow one or more of the ethical principles. If this does not sufficiently resolve the issue, seek consultation with the most appropriate professional and/or civil authorities within my local region for the protection of breathwork clients involved.

Signature \_\_\_\_\_ Date \_\_\_\_\_